Code of Conduct

Coaches



Wells RFC

Code Of Conduct – Coaches

Purpose

The following "Code of Conduct" has been compiled to assist the Club's aim of promoting the enjoyment of the game of Rugby Union. Players come into Rugby Union for a variety of reasons, and it is the duty of the coach and other officials to recognise this and stimulate continued participation.

The coach:

• Acts as a teacher

• Represents Wells RFC and the game of Rugby

• Advises on and sets standards of behaviour and promotes the ethos of the game.

• Is the point of communication between young players and their parents

All Wells RFC coaches should:

• Recognise the importance of fun and enjoyment when coaching players.

• Emphasise the spirit of the game rather than the result.

• Understand that most learning is achieved through doing.

• Appreciate the needs of the players before the needs of the sport.

• Be a positive role model – think what this implies.

• Keep winning and losing in perspective – encourage players to behave with dignity in all circumstances.

• Respect all referees and the decisions they make, even if they appear to make a mistake, (remember it could be you refereeing next week) and ensure that the players recognise that they must do the same.

• Provide positive verbal feedback in a constructive and encouraging manner to all players, both during coaching sessions and matches.

• Understand the physical, social and psychological development of young players

• Look to self-improvement – participate in the Club & County development activities.

• Before any training sessions and matches ensure that all boot studs and other clothing are in accordance with the Laws of the game

All Wells RFC coaches MUST:

• Have been verified to train young players via the DBS verification method. The Club's Safeguarding Officer will be responsible for this check.

• Provide rugby experiences which are matched to the players' ages and abilities.

• Ensure all players are coached in a safe environment, with adequate first aid readily to hand. The safety of young players is paramount.

• Explain all decisions especially to new and young players.

• Avoid the overplaying of the best players by using a squad system which gives everybody a satisfactory amount of playing time (half game rule).

• Always penalise foul play but play advantage where appropriate to allow the game to flow.

• Never allow a player to train or play when injured.

• Ensure good supervision of players, both on and off the field.

• Recognise that players should never be exposed to extremes of heat, cold or unacceptable risk of injury.

• Develop an awareness of nutrition as part of an overall education in lifestyle management.

• Recognise that it is illegal for players under 18 to drink alcohol or for those under 16 to smoke. Coaches should actively discourage both.

• Ensure that their knowledge and coaching strategies are up to date and in line with RFU philosophy.

• Be aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home and abroad.

• Be aware of and abide by the RFU and Wells RFC's Safeguarding Children & Vulnerable Adults Policy.

• All Coaches and members of Wells RFC must not put any defamatory statements regarding any aspect in regard to the Club or their opponents (see Wells RFC Social Media policy for more detail), on social media sites such as Instagram, X and Face Book etc.

Rugby is a game for everyone…Wells RFC is for everyone

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